

COURAGEOUS CONVERSATIONS

BIG IDEAS

1.	People are more	than
2.	People and conversations are	
3.	In challenging conversations,	is inefficient.
4.	In making conversations better, we	with ourselves.
5.	Left to our own devices, we will conversation conversation	n over the and
	It is that unc	addressed challenges will get better over
4 ASP	ECTS OF CONVERSATIONS	2
8		



TWO APPROACHES

Approach #1

Creating conditions that lessen the likelihood of friction, confusion, and underperformance in conversations, interactions, and relationships

APPROACH 1

1. CLARIFY YOUR OBJECTIVE

What do you want the other person to know?

How do you want them to feel?

What do you want them to do?

2. CONSIDER THEIR NEEDS

4 Basic Human Needs

What (Task, Work) Needs:

- □ Environment/ Workspace
- □ Clarity of objectives/goals
- □ Materials/Supplies
- □ Equipment/Technology
- □ Guidance/Instruction
- □ Access to . . .
- □ Approval of . . .
- \Box Time to . . .

- Travel to ...
- Reference materials
- Understanding
- priorities/project
- Understanding structure
- Expertise of ...
- \Box Coaching/Mentoring
- □ Sponsorship
- Development opportunity

- Certification/license
- □ Alignment with others
- □ Budget to ...
- Headcount

Approach #2

Identifying moments when conversations, interactions, and relationships are getting off track and stepping into course correct

3. EVALUATE YOUR STORY AND DATA



APPROACH 2

1. MONITOR PROCESS

Three questions to ask yourself during the conversation.



ABOUT TIAA AND STEPHANIE

Stephanie Hale is a Director of Client Leadership Solutions at TIAA. Stephanie supports TIAA's clients by helping them to build leaders internally that are prepared to take on increasingly complex roles and to manage the demands of a rapidly changing environment. She provides leadership development services including workshops, retreats, consultation and coaching. Stephanie holds a bachelor's degree from Brigham Young University, a master's in Organization Development from Queens University. To reach Stephanie, contact her at shale@tiaa.org.

CONVERSATION PLANNING WORKSHEET

Audience			
Experience (with you, with the topic/content)			
Anticipated demeanor/mood?			
Intent and Objective			
What is the intent of this conversation?			
What specific outcomes are you trying to achieve? (Know, Feel, Do)			
What are the consequences of not having the conversation?			
How do you expect the conversation to go?			
What has worked or not worked in the past?			
What makes the conversation/situation difficult?			
Story and Data			
What do you think are their needs?			
What are the facts?			
Where are the sticking points? (the resistance)			
Order			
What's your first line?			
Prioritize your key points.	1. 2.		
	3.		
Who does what, by when?			
Feedback			
How are we working together?			
Could we work better together?			